CHECKLIST CLEANING CHECKLIST

Kitchen

- O Clean stovetop & oven
- O Disinfect microwave & dishwasher
- O Clean refrigerator & freezer
- O Defrost & clean freezer
- O Discard old/expired food in fridge, freezer, cupboards & pantry
- O Wipe countertops, shelves & drawers
- O Discard old or expired food in pantry, fridge and freezer
- O Clear countertops
- O Degrease cabinet doors & backsplash
- O Remove items from cabinets and thoroughly clean inside
- O Clean kitchen drain
- O Wipe walls
- O Mop floors
- O Clean floor mats
- O Wipe baseboards

Bedrooms

- O Clear out all clutter & put away
- O Reorganize & clean out closets
- O Dust & polish furniture
- O Mop floors/vacuum carpets
- O Vacuum & flip mattresses
- O Put on fresh linens & make beds
- O Clean out & reorganize drawers & bedside tables
- O Shampoo rugs & carpets

Laundry Room

- O Clean washing machine
- O Clean dryer vent & lint trap
- O Organize laundry supplies
- O Wipe walls
- O Wipe down/dust shelves & counters
- O Clean floor and baseboards
- O Clean blinds/curtains

Bathroom

- O Clean vanity
- O Clean tub, shower & showerhead
- O Wipe mirror
- O Discard old/expired cosmetics & personal care products
- O Clean makeup & hair brushes
- O Replace shower curtain liner
- O Scrub tile grout
- O Clean & disinfect toilet
- O Sweep & mop floors
- O Wipe walls
- O Wipe baseboards

Living Room/Family Room

- O Mop/vacuum floor
- O Wipe down/dust shelves
- O Wipe baseboards
- O Clear out all clutter, toys, etc.
- O Clean windows & window sills
- O Clean blinds/curtains
- O Dust artwork & photographs
- O Dust & polish furniture
- O Wash slipcovers
- O Vacuum sofa & chairs
- O Clean ceiling fans
- O Shampoo rugs & carpets

Dining Room

- O Mop/vacuum floor
- O Wipe down/dust shelves
- O Wipe baseboards
- O Rearrange & organize shelves
- O Clean blinds/curtains
- O Launder & press table linens
- O Dust artwork & photographs
- O Dust & polish furniture
- O Clean windows & window sills
- O Clean light fixtures
- O Shampoo rugs & carpet